Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: Moreels Barbara

Coaches: Schepers Jérôme

Coaches: Smet Elke HEADCOACH

Coaches: Meskens Dries

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:4, starttime: 14:05

Heat: 4/14 Lane : 2 Athlete: MAES JORDY **Q-time: 01:36:61**

PB (25m pool): 01:36.76 Gent 23/02/2025 **PB (50m pool):** 01:39.55 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.62		01:36.76	
		00:46.62		*00:50.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:7, starttime: 14:15

Heat: 7/14 Lane : 7 Athlete: SCHEPERS RUBEN **Q-time: 01:29:63**

PB (25m pool): 01:29.63 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:57.59 **SB:** 01:29.63 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.24		01:29.63	
		00:42.24		*00:47.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:8, starttime: 14:15

Heat: 8/14 Lane : 1 Athlete: BOEL ELIAS **Q-time: 01:27:20**

PB (25m pool): 01:27.20 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:30.60 **SB:** 01:27.20 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.40		01:27.20	
		00:41.40		*00:45.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:8, starttime: 14:15

Heat: 8/14 Lane : 8 Athlete: LUYPAERT EDEN — **Q-time: 01:27:20**

PB (25m pool): 01:28.87 TEMSE 18/05/2025 **PB (50m pool):** 01:27.20 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.87		01:28.87	
		00:40.87		*00:48.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:13, starttime: 14:25

Heat: 13/14 Lane : 3 Athlete: DE COCK MATZ — **Q-time: 01:16:53**

PB (25m pool): 01:16.53 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:18.68 **SB:** 01:16.53 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.80		01:16.53	
		00:35.80		*00:40.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:8, starttime: 14:45

Heat: 8/18 Lane : 5 Athlete: HEYLEN ROOS — **Q-time: 01:22:52**

PB (25m pool): 01:22.52 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:22.52 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:22.52	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:16, starttime: 15:00

Heat: 16/18 Lane : 7 Athlete: VANDER MIJNSBRUGGE LORE — **Q-time: 01:17:03**

PB (25m pool): 01:17.03 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:17.03	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:4, starttime: 15:10

Heat: 4/13 Lane : 5 Athlete: MORATO ALIX — **Q-time: 00:45:17**

PB (25m pool): 00:47.08 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:45.17 **SB:** 00:47.08 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:47.08	
		00:47.08	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:7, starttime: 15:10

Heat: 7/13 Lane : 6 Athlete: BELMANS MARGAUX — **Q-time: 00:42:35**

PB (25m pool): 00:42.35 BEERNEM 19/09/2026 **PB (50m pool):** 00:43.60 **SB:** 00:42.35 BEERNEM 19/09/2026

	2 5 M	5 0 M	
PB		00:42.35	
		00:42.35	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/13 Lane : 2 Athlete: DE WOLF ROOS — **Q-time: 00:41:43**

PB (25m pool): 00:41.43 BEERNEM 19/09/2026 **PB (50m pool):** no time **SB:** 00:41.43 BEERNEM 19/09/2026

	2 5 M	5 0 M	
PB		00:41.43	
		00:41.43	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/13 Lane : 5 Athlete: HUYLEBROECK JANNE — **Q-time: 00:41:02**

PB (25m pool): 00:41.02 Eeklo 19/04/2026 **PB (50m pool):** 00:42.22 **SB:** 00:41.09 Durmehal 27/09/2026

	2 5 M	5 0 M	
PB		00:41.02	
		00:41.02	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:13, starttime: 15:20

Heat: 13/13 Lane : 1 Athlete: VANDERSTRAETEN HELENA — **Q-time: 00:37:83**

PB (25m pool): 00:37.83 EEKLO 04/10/2026 — **PB (50m pool):** 00:39.66 **SB:** 00:37.83 EEKLO 04/10/2026

	25 M	50 M	
PB		00:37.83	
		00:37.83	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:4, starttime: 15:25

Heat: 4/16 Lane : 4 Athlete: BOEL ELIAS — **Q-time: 00:37:11**

PB (25m pool): 00:37.11 BEERNEM 19/09/2026 — **PB (50m pool):** 00:37.98 **SB:** 00:37.11 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:37.11	
		00:37.11	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:9, starttime: 15:30

Heat: 9/16 Lane : 2 Athlete: MAES JORDY — **Q-time: 00:33:25**

PB (25m pool): 00:33.93 Gent 23/02/2025 — **PB (50m pool):** 00:35.94 **SB:** no time

	25 M	50 M	
PB		00:33.93	
		00:33.93	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:9, starttime: 15:30

Heat: 9/16 Lane : 8 Athlete: SCHEPERS RUBEN — **Q-time: 00:33:43**

PB (25m pool): 00:33.43 Eeklo 19/04/2026 — **PB (50m pool):** 00:33.77 **SB:** 00:33.57 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:33.43	
		00:33.43	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:11, starttime: 15:30

Heat: 11/16 Lane : 5 Athlete: LUYPAERT EDEN — **Q-time: 00:31:48**

PB (25m pool): 00:31.48 EEKLO 04/10/2026 — **PB (50m pool):** 00:31.93 **SB:** 00:31.48 EEKLO 04/10/2026

	25 M	50 M	
PB		00:31.48	
	00:31.48		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:8, starttime: 16:10

Heat: 8/13 Lane : 7 Athlete: HEYLEN ROOS — **Q-time: 02:53:32**

PB (25m pool): 02:53.32 EEKLO 04/10/2026 — **PB (50m pool):** 03:02.40 **SB:** 02:53.32 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.20		01:25.88		no time		02:53.32
		00:42.20		*00:43.68*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:11, starttime: 16:20

Heat: 11/13 Lane : 2 Athlete: VANDER MIJNSBRUGGE LORE — **Q-time: 02:43:90**

PB (25m pool): 02:43.90 TEMSE 23/11/2025 — **PB (50m pool):** 02:45.91 **SB:** 02:48.59 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.67		01:21.53		02:04.08		02:43.90
		00:38.67		*00:42.86*		*00:42.55*		*00:39.82*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:2, starttime: 16:35

Heat: 2/12 Lane : 7 Athlete: DIERICK ROBBE — **Q-time: 01:32:78**

PB (25m pool): 01:30.70 DENDERMONDE 14/11/2026 — **PB (50m pool):** 01:43.51 **SB:** 01:30.70 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:43.33		01:30.70	
		00:43.33		*00:47.37*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 16:35

Heat: 3/12 Lane : 5 Athlete: REYNIERS WARRE — **Q-time: 01:25:96**

PB (25m pool): 01:22.71 DENDERMONDE 14/11/2026 **PB (50m pool):** 01:25.96 **SB:** 01:22.71 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:41.04		01:22.71	
		00:41.04		*00:41.67*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:6, starttime: 16:40

Heat: 6/12 Lane : 2 Athlete: PINTILIE FABIAN — **Q-time: 01:20:62**

PB (25m pool): 01:16.81 DENDERMONDE 14/11/2026 **PB (50m pool):** 01:22.63 **SB:** 01:16.81 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:37.70		01:16.81	
		00:37.70		*00:39.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:1, starttime: 16:55

Heat: 1/15 Lane : 5 Athlete: TANASE DARIA — **Q-time: 02:07:95**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:2, starttime: 16:55

Heat: 2/15 Lane : 8 Athlete: HUYLEBROECK JANNE — **Q-time: 02:01:48**

PB (25m pool): 02:03.35 Sint-Niklaas 28/12/2025 **PB (50m pool):** 02:01.48 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:00.08		02:03.35	
		01:00.08		*01:03.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 17:00

Heat: 4/15 Lane : 3 Athlete: MORATO ALIX — **Q-time: 01:49:63**

PB (25m pool): 01:49.63 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:49.63 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:52.20		01:49.63	
		00:52.20		*00:57.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:8, starttime: 17:10

Heat: 8/15 Lane : 5 Athlete: VANDERSTRAETEN HELENA — **Q-time: 01:42:91**

PB (25m pool): 01:39.64 Dendermonde. 14/11/2026 **PB (50m pool):** 01:44.17 **SB:** 01:39.64 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:45.29		01:39.64	
		00:45.29		*00:54.35*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:15, starttime: 17:25

Heat: 15/15 Lane : 2 Athlete: BELMANS MARGAUX — **Q-time: 01:31:04**

PB (25m pool): 01:31.04 Temse 31/05/2026 **PB (50m pool):** 01:33.96 **SB:** 01:31.54 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:43.07		01:31.04	
		00:43.07		*00:47.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: